



# The BLACK ANCHOR

IRISH BAR & GRILL



## TAPAS / STARTERS

**MIXED COVERT** (bread, butter, olives, carrots) €3.50pp

Bread (G) – €2 Olives – €3 Glazed Garlic Carrots – €2

Tuna Mayonnaise (E,F) – €3 Cured Cheese (M) – €4

**SWEET & TANGY HUMMUS** ✓ €7.50

with crunchy carrots & toasted pitta bread (G,S,SD,SO,L)

**QUESADILLAS** ✓ €7

grilled tortilla filled with mozzarella, tomato, basil

& a parmesan crust (G,M)

**PAN-FRIED MUSHROOMS** ✓ €6.50

with garlic & fresh oregano (M)

**HOMEMADE SPICY MEATBALLS** €8.90

in a chilli tomato sauce on a bed of couscous (G,E,SO,SD)

**CRISPY CHICKEN WINGS** €7.50/€14

with a blue cheese dip (G,MU,M,E,SD)

**WARM GOATS CHEESE** ✓ €7.90

drizzled with honey & toasted almonds with crackers (M,N,G)

**PAN-FRIED PRAWNS** €8.90

in a sweet chilli glaze (S,SD,C)

**LARGE PRAWNS** €14.90

pan fried with lemon, garlic, chilli & parsley (C)

**MOULES MARINIÈRE (MUSSELS)** €16

Steamed mussels in white wine, crushed garlic, onion,

butter and fresh parsley (M,SD,MO)

**MIXED CHEESEBOARD** ✓ €15.50

with red berry coulis, walnuts &

crispy crackers (M,SD,N,G) add MEAT €17.50

## MAIN COURSES

**HOMEMADE GOURMET BURGER** €13.50

100% beef, topped with melted cheese & salad, served with  
steakhouse chips & sauteed onions (G,E,M,CE)

**FISH & CHIPS** €12.50

deep fried in beer batter, served with mushy peas or  
mixed salad (G,E,SD,F)

**HOMEMADE BEEF LASAGNE** €14.50

served with chips & coleslaw (G,E,SO,MU)

**CHILLI CON CARNE** with rice (SD,L,SO) €13.50

## MAIN COURSES continued

**TRADITIONAL SPAGHETTI BOLOGNESE** €13.50  
(G,M,E)

**CHILLI CHEESE FRIES** (G,SD, L, SO, M) €9.50

**CHICKEN CURRY OR CHICKPEA CURRY** ✓ €14.90

with onions & red peppers in a mild coconut cream served with rice

- chicken curry (N,M,SD) - chickpea curry (N,M,SD,L,SO)

**HALF ROAST CHICKEN** €12.50

with steakhouse chips and gravy (G,M,E,SO,CE,SD)

**PIRI PIRI CHICKEN (HOT & SPICY)** €13.50

with steakhouse chips and salad (G,SD)

**STICKY BBQ SPARE RIBS** €14.90

served with chips & salad (G,SO,SD,S,CE)

**OVEN BAKED TURKEY BREAST** €14.90

with gravy, topped with creamy mushrooms, steak house chips

& mozzarella cheese (G,M,E,SO,CE,SD)

**MIXED VEGETABLE & NOODLE STIR-FRY** ✓ €13.50

in a sweet chilli & soya sauce

add CHICKEN €14.50

(G,E,MU,N,S,SO,CE)

add PRAWNS (C) €15.90

**CHEF'S SPECIAL CHICKEN SATAY** €15.50

with spicy peanut sauce served with rice or chips & "Atjar Tjampoer"

- a combination of a variety of pickled vegetables (G,SO,S,P,SD)

**8-10 OZ SIRLOIN STEAK** €17.90

served with sauteed mushrooms, onions & chunky steakhouse fries (M)

**BAKED SALMON\*** €15.90

with a lemon & rosemary infused oil (F)

**OVEN-BAKED SEA BREAM (DOURADA)\*** €15.90

with crushed garlic & lemon dressing (F)

**SEARED TUNA STEAK\*** €16.90

with herb & caper butter (F,M)

\* includes chips & salad or potatos & veg

**SIDE ORDER** €4/€6

- Steakhouse Chips (G) - Onion Rings (G)

**PEPPER SAUCE** (G,M,E,SO,CE,SD) €2.50

## TOASTED SANDWICHES

<b>THE ORIGINAL</b> <i>ham &amp; cheese (G,M)</i>	€4
<b>SIMPLY CHEDDAR</b> ✓ <i>cheddar cheese &amp; onion (G,M)</i>	€4
<b>THE CLASSIC</b> <i>with cheddar cheese, ham, tomato &amp; onion (G,M)</i>	€5
<b>CHEESY TUNA MELT</b> <i>with mayonnaise, onion, tomato &amp; paprika (G,M,E,F)</i>	€5.50
<b>DOUBLE CHEESE &amp; PRESUNTO</b> <i>duo of cheddar &amp; mozzarella (G,M)</i>	€5.50
<b>CHILLI CHICKEN</b> <i>with grated mozzarella, red peppers, lettuce, onions &amp; mayonnaise (G,M,E)</i>	€5.50

## DESSERT MENU

<b>BAILEYS IRISH CREAM TIRAMISU</b> (G,M,SD)	€5
<b>TANGY LEMON CHEESECAKE</b> (G,M)	€5
<b>WARM CHOCOLATE CAKE</b> <i>served with cream or ice cream (G,M,N)</i>	€5
<b>HOMEMADE CHOCOLATE MOUSSE</b> (M,E,G)	€4.50
<b>FRESH FRUIT SALAD</b>	€4.50
<b>SELECTION OF ICE-CREAM</b> (G)	€4.50

## CHILDRENS MENU

<b>CHICKEN NUGGETS &amp; CHIPS</b> (G)	€6.50
<b>FISH &amp; CHIPS</b> (G,E,F,SD)	€6.50
<b>SPAGHETTI BOLOGNESE</b> (G,E)	€6.50

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No dish, foodstuffs or beverage, including starters/appetizers may be charged unless they are requested by the customer or rendered useless by the latter. **DL 10/2015 de 16-1**

## SALADS

<b>MIXED HOUSE SALAD</b> ✓ <i>with chef's special vinaigrette (MU)</i>	€7.50
<b>MEDITERRANEAN COUSCOUS SALAD</b> ✓ <i>with roasted chick peas, feta cheese &amp; cherry tomato (G,M)</i>	€9.90
<b>TOMATO, ONION &amp; MOZZARELLA SALAD</b> ✓ <i>drizzled with balsamic vinaigrette (M, SD)</i>	€8.90
<b>CHICKEN CAESAR SALAD</b> <i>mixed leaves, topped with grilled breast of chicken, anchovies, bacon, onions, croutons &amp; our Caesar dressing (G,E,M,F,MU)</i>	€10.90
<b>SEARED TUNA STEAK SALAD</b> <i>on a bed of crisp leaves with a "Teriyaki" (soya and ginger) dressing (SO,M,E,S,MU,G,F)</i>	€13.50

\* SERVED EVERY SUNDAY \*

## TRADITIONAL SUNDAY ROAST

<b>ROAST BEEF</b> <i>with Yorkshire pudding &amp; horseradish sauce (G,M,E,SO,CE,SD)</i>	€13.50
<b>ROAST PORK</b> <i>with Apple Sauce (G,M,E,SO,CE,SD)</i>	€13.50
<b>MIX OF ROAST PORK &amp; ROAST BEEF</b> <i>with all the trimmings (G,M,E,SO,CE,SD)</i>	€13.50
<b>ROAST CHICKEN</b> <i>with stuffing (G,M,E,SO,CE,SD)</i>	€13.50

\*All served with delicious house gravy, roast & mash potatoes & a selection of fresh veg.



All prices quoted in Euro and Include VAT

**Items with the following abbreviated codes contain ingredients that may cause allergic reaction.**

G-Gluten, M-Milk, E-Eggs, MU-Mustard, F-Fish, C-Crustacean, N-Nuts, S-Sesame, CE-Celery, SD-Sulphur Dioxide, L-Lupin, MO-Molluscs, SO-Soya, P-Peanuts.