

The BLACK ANCHOR

EST.



2007

EN

TAPAS / STARTERS

Mixed Covert (bread, butter, olives, carrots) € 4pp

Bread^(G) – €2 Olives – €3 Glazed Garlic Carrots – €3
Tuna Mayonnaise^(E,F) – €4.50 Cured Cheese^(M) – €4.50

Sweet & Tangy Hummus € 7.50

with crunchy carrots & toasted pitta bread^(G,S,SD)

Warm Goats Cheese € 7.90

topped with honey & toasted almonds^(M,N,G)

Mushroom Risotto € 7.50/ €14

with fresh herbs & parmesan^(M)

Pan-Fried Mushrooms € 6.90

with garlic & oregano^(M)

Quesadillas grilled tortilla

served with a side of garlic mayo^(M,E):

- tomato, mozzarella & basil^(G,M) € 7.00

- chilli chicken & mozzarella^(G,E,M) € 8.00

Pica Pau € 8.90

traditional Portuguese sautéed pork with pickled veg
in a light sauce of tomato, beer, garlic & chilli oil^(SD)

Pan Fried Prawns € 8.90

in a sweet chilli glaze^(SD,C)

Large Prawns € 16.00

pan fried with lemon, garlic, chilli & parsley^(C,M)

Moules Marinière (Mussels) € 17.00

steamed mussels in white wine, crushed garlic,
onion, & fresh parsley^(SD,MO)

Mixed Cheeseboard € 19.50

with red berry coulis, nuts, hummus, olives, honey, fruit & crisp crackers^(M,SD,N,G) add MEAT € 23.50

Crispy Chicken Wings^(G) € 7.50/€14

Hot & Spicy Wings^(G,SD) € 7.50/€14

all wings served with our creamy blue cheese dip^(M,E,SD)

Chilli Cheese Fries € 10.50

topped with spicy beef and melted cheese^(M)

MAIN COURSES

Fish & Chips € 13.50

deep fried in beer batter, served with mushy peas or salad
and our homemade tartar sauce^(G,E,SD,F,M)

Homemade Beef Lasagne € 15.50

with steakhouse fries & coleslaw^(G,E,M)

Gourmet Burger (100% Beef) € 14.50

topped with melted cheese & salad, served
with steakhouse fries & sautéed onions^(G,E,M)

Chilli Con Carne with rice € 14.50

Half Roast Chicken € 14.50

with steakhouse fries & gravy^(G,E,M,SD)

Piri Piri Chicken € 15.50

hot & spicy, with steakhouse fries & salad

Sticky BBQ Spare Ribs € 16.50

with steakhouse fries & salad^(SO,SD,S)

Vegetable & Noodle Stir-Fry € 14.00

in a sweet chilli & soya add CHICKEN € 15.50

sauce^(G,E,CE,SD) add PRAWNS^(C) € 16.90

Chicken Satay € 16.50

with spicy peanut sauce, served with rice &
"Atjar Tjampoer" (pickled veg)^(G,SO,S,P,SD)

Pork Schnitzel € 16.50

with dijon gravy^(G,E,M,SD,MU)

includes chips & salad or potatoes & veg

Lamb Rosanna € 18.50

whole shank of lamb on a bed of mash served with
a redberry and rosemary infused gravy^(G,E,M,SD)

8-10 oz Sirloin Steak € 18.50

served with sautéed mushrooms, onions & chunky
steakhouse fries^(M)

Baked Salmon € 16.90

with a lemon & rosemary infused oil^(F)

includes chips & salad or potatoes & veg

Oven-Baked Sea Bream € 16.90

(Dourada) with crushed garlic & lemon dressing^(F)

includes chips & salad or potatoes & veg

Seared Tuna Steak € 17.90

with herb & caper butter^(F,M)

includes chips & salad or potatoes & veg

SALADS

Loaded House Salad Bowl € 8.90

tossed mixed leaves, tomato, onion, cucumber, grated carrot, sweetcorn, roasted chick peas, fresh fruit & nuts, with our chefs special vinaigrette (N,MU,SD)

Tomato & Mozzarella Salad € 9.90

with tomato & onion, drizzled with balsamic vinaigrette (M,SD)

Mediterranean Feta Salad € 10.90

with roasted chick peas & black olives (M,MU,SD)

Warm Goats Cheese Salad € 10.90

crunchy mixed salad topped with warm goats cheese, honey & toasted almonds (M,N)

Chicken Caesar Salad € 10.90

mixed leaves, topped with grilled chicken, bacon, onions, croutons & Caesar dressing (G,E,M,SD)

Seared Tuna Steak Salad € 13.50

with "Teriyaki dressing" (soya & ginger) (SO,MU,F)

TOASTED SANDWICHES

Cheddar Cheese & Onion (G,M) €4

Ham & Cheese (G,M) €4.50

Ham, Cheese, Tomato & Onion (G,M) €5

Cheesy Tuna Melt (G,M,E,F) €5.50

Chilli Chicken (G,M,E) €5.50

SIDE ORDERS

Steakhouse Fries €4/€6.50

Chicken Nuggets (G) €5.00

Onion Rings (G) €5.00

Rice €4.00

Creamy Mash (M) €4.00

Seasonal Vegetables €4.00

Mixed Side Salad €4.00

House Gravy (G,E,M,SD) €3.50

Pepper Sauce (G,E,M,SD) €3.50

Garlic Mayo Dip (M,E) €2.00

Blue Cheese Dip (M,E,SD) €2.00

Sweet Chilli Dip (SO,CE) €2.00

CHILDREN'S MENU

Chicken Nuggets & Chips (G) €7.00

Sausage & Mash (M) €7.00

DESSERT MENU (Homemade*)

Baileys Tiramisu* (G,M,SD) €5.50

Panna Cotta* served with red berry coulis (M) €5.50

Tangy Lemon Cheesecake* (G,M) €5.50

Warm Apple Crumble* (G,M) €5.50

Dessert Of The Day €5.50

Fresh Fruit Salad* €5.00

Selection of Ice Cream (M) €5.00

TRADITIONAL SUNDAY ROAST

*All served with roast & mash potatoes (M), fresh veg & our delicious house gravy (G,E,M,SD)

Roast Beef with Yorkshire pudding (M,U) € 14.50

Roast Pork with Apple Sauce (M,U) € 14.50

Mix of Roast Pork & Beef € 14.50

with all the trimmings (MU)

Roast Chicken with stuffing (G,M) € 14.50

SERVED ONLY
ON SUNDAY



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All prices quoted in Euro and Include VAT

Items with the following abbreviated codes contain ingredients that may cause allergic reaction: G-Gluten, M-Milk, E-Eggs, MU-Mustard, F-Fish, C-Crustacean, N-Nuts, S-Sesame, CE-Celery, SD-Sulphur Dioxide, L-Lupin, MO-Molluscs, SO-Soya, P-Peanuts.

Steakhouse fries cooking oil may contain traces of gluten.

No dish, foodstuffs or beverage, including starters/appetizers may be charged unless they are requested by the customer or rendered useless by the latter. DL 10/2015 de 16-1



The BLACKANCHOR

IRISH BAR & GRILL
TAVIRA



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